

Welcome New Members

Roxanne Hall

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Roster Updates

Jan Ranallo-Pfeifer

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REMINDER: Since rosters are only sent out twice a year, when there are new members or changes to existing members in the newsletter, please revise your existing roster. Thank you, Raffie

Linda Smith
"Goddess of the Krispy Kremes"
(near right)

the G.I.T. team
(far right)



Pictorial Highlights

photos contributed by
Terry Mann, Alison Heil & Paula Labart

preparing for the race . . .



Packet Pick-up pals: Jan Dunham and Diann Stephens



These ladies are "pros" at Race Registration: Karen Raymer, Carol Whitehead and Fritzi Hazelrigg



College Boulevard water stop volunteers: Ann Kohn, Brenda Highberger, Waylon Pittman, Sheila Wood and Susan.

You didn't see these folks unless you got to run our race!



A Message from Corinne Tubb

Ah... a sigh of relief could be heard throughout the land at the completion of the **13th Annual Mid-Summer Morning 5k**. The race was a huge success. First and foremost I need to thank the entire Race Committee for all the planning and preparation. I couldn't have asked for a better group of ladies and I couldn't have done it without all your help and support along the way. There is so much planning that goes into a race and then it is over in a flash. You all made it look way too easy! I'd also like to thank all the volunteers and KC Express members that helped and ran the race.

I'm curious to see what others thought of the race this year. Please send comments (good, bad or otherwise) to myself or anyone on the Race Committee. We'd love to hear your thoughts and any suggestions you may have for the 14th Annual Mid-Summer Morning 5k. Thanks again to everyone for your help and support! I think we proved that 13 really isn't a scary number after all!



on the course . . .



G.I.T. Team in action



SOME FACTOIDS ABOUT THE RACE THIS YEAR:
 TOTAL RUNNERS: 646
 TOP FEMALE FINISHER: DARLA MOBERLY 17:49
 TOP MALE FINISHER: ALEX ALEXIN 15:30
 TEMPERATURE: HOT & HUMID
 CHILDREN'S RUN: LOTS OF LITTLE ONES AND VERY LITTLE CRYING
 COURSE: CONSTRUCTION ON NALL WAS A BIT OF A PAIN
 RAFFLES: PRIZES GALORE! HARRY POTTER BOOK WAS A HUGE CROWD PLEASER WITH THE CHILDREN.



cooling off after the race

and the Great Harvest Bread Toss

